SERVICES

- Boot Camps
- Athletic Objective Skills and Strength Testing
- Specialized Programming for In-season, Pre-season, Post-season and Off-season
- Acceleration, Agility, Speed and Strength Camps
- Athletic Training Services for your Team or Club
- Scholarship Prep
- College Recruitment Exposure Combines
- Functional Movement Screens
- Selective Functional Movement Assessments
- Presentations to your Team or Club on various training topics
- Rehabilitation and/or referral services for injured athletes





Dr. David Eric Boll, DC, CKTP, NASM-PES Apex Athletic Performance and

Address

Rehabilitation

251 Highland Street Adell, WI 53001

- T 920.450.6066
- F 866.470.6516
- E ApexAthletic@wi.rr.com

W www.apexathleticperfomance.com

FACEBOOK AND TWITTER!



Apex Athletic Performance and Rehabilitation



ApexAthletic

ApexAthleticPerformance.com



PERFORMANCE PERFORMANCE



PERFORMANCE SPECIALISTS

Individual, Small Group and Team training for athletes of all ages and abilities.

No Membership Fees! No Monthly Fees! No joining fees! You only pay for the sessions You take!



camps. We train how to improve: athletic skills development sessions and sports are coached and drilled through our All the necessary skills that transfer over to al

Shuffling Jumping Hopping Cutting

> Cross-over moves Striking

Sprinting

Pushing

Overhead arm movements

sport and activity you do. We will do sports work with the basic athletic skills to allow you specific training and camps, but primarily, we These athletic movements translate to every to improve in your sport and your day to day

athletes, from amateur to professional screen, evaluate, train and rehabilitate programs developed by Dr. David Eric Boll to athletic programs and scholastic athletic to sporting teams, training studios, community on getting those last few percentiles of athletes focus more on their equipment rather Performance is a specialist service available performance out of their body. Apex Athletic commonly the athlete themselves. Many In athletic competition, the limiting factor is

program or school an extra bonus for your club, members contractor service for your facility and can be Apex Athletic Performance is an independent

> Counties. and Washington serve all of Adell and Batavia to Fond Du Lac, Calume Sheboygan, Ozaukee, We offer locations in



strength and functional training at our Highland St. location in Adell. We do personalized

Outdoor personal, small group and team Batavia location year round team training sessions are located at our Village Park. Individual, small group and training sessions are located at the Adell

(corner of Adell Ave and Neugent St.) 251 Highland St. or at the Adell Village Park

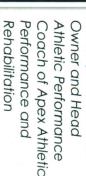
Batavia

School) (inside the former Batavia Elementary W7140 School Drive

We are also mobile and can come to you for your team, facility or club's training



CKTP, NASM-PES David Boll, D.C.,



licensed as a Doctor of Chiropractic practitioner (CKTP) along with being and as a therapeutic tape/Kinesiotape Academy of Sports Medicine (NASM-PES) **Enhancement Specialist from the National** Dr. Boll is certified as a Performance

road racing. He currently is an athletic maximize their physical sporting potential. locally helps athletes of all levels to naturally organizations throughout Wisconsin and conditioning coach, trainer and physio for pertormance coach, strength and and National Champions in motorcycle champions in motorsports, to include World NFL players, WWE performers and many athletes in the areas of football, soccer, England that rely on his coaching and input numerous teams and club sports amateur athletes, Dr. Boll has worked with country skiing, and wrestling. Along with volleyball, cycling, basketball, running, cross rugby, hockey, baseball, tast pitch sottball, He has training clients from California to He works with professional and recreational